

**All classes Start at 10.00 and finish 3.00pm (Melbourne Time)**

## Advanced Diploma Clinical Trauma Hypnotherapy – 2026 Class Dates

**STUDENTS MUST COMPLETE CERTIFICATE COURSE BEFORE JOINING CLASSES**

HTA attempts to fulfil all depicted dates, however dates and times may be subject to change at administrator's discretion

Unit - Hypnotic Strategies	DOLPHINS	BUTTERFLIES	EAGLES
Lesson 1 - Inductions	February 14 <sup>th</sup> & 15 <sup>th</sup>	February 4 <sup>th</sup> & 5 <sup>th</sup>	February 7 <sup>th</sup> & 8 <sup>th</sup>
Lesson 2 - 3 Canvases/Goals	March 14 <sup>th</sup> & 15 <sup>th</sup>	March 4 <sup>th</sup> & 5 <sup>th</sup>	March 7 <sup>th</sup> & 8 <sup>th</sup>
Lesson 3 - Grief /Sacred Bench	April 18 <sup>th</sup> & 19 <sup>th</sup>	April 8 <sup>th</sup> & 9 <sup>th</sup>	April 11 <sup>th</sup> & 12 <sup>th</sup>
Lesson 4 - Past Life/Regression	May 16 <sup>th</sup> & 17 <sup>th</sup>	May 6 <sup>th</sup> & 7 <sup>th</sup>	May 2 <sup>nd</sup> & 3 <sup>rd</sup>
Lesson 5 - Dream Interpretation	June 13 <sup>th</sup> & 14 <sup>th</sup>	June 10 <sup>th</sup> & 11 <sup>th</sup>	June 6 <sup>th</sup> & 7 <sup>th</sup>
Lesson 6 - Body Psych & Pain	July 11 <sup>th</sup> & 12 <sup>th</sup>	July 8 <sup>th</sup> & 9 <sup>th</sup>	July 4 <sup>th</sup> & 5 <sup>th</sup>
Lesson 7 – DeTrauma™	August 8 <sup>th</sup> & 9 <sup>th</sup>	August 5 <sup>th</sup> & 6 <sup>th</sup>	August 1 <sup>st</sup> & 2 <sup>nd</sup>
Lesson 8 - Medical Hypnosis	Sept 12 <sup>th</sup> & 13 <sup>th</sup>	Sept 2 <sup>nd</sup> & 3 <sup>rd</sup>	Sept 5 <sup>th</sup> & 6 <sup>th</sup>
Lesson 9 – Resource Therapy (foundation)	October 3 <sup>rd</sup> - 1 Day	October 1 <sup>st</sup> - 1 Day	October 3 <sup>rd</sup> - 1 Day
Intensive - Optional for all students	November 9 <sup>th</sup> 10 <sup>th</sup> 11 <sup>th</sup> 12 <sup>th</sup>		
Graduation for all completing students	December 11 <sup>th</sup>		

Unit - Psychology	Online Portal		
Unit - NLP	Online Portal		
Unit – Introduction to Counselling	Online Portal		
Unit - Psychotherapy	EAGLES & DOLPHINS	BUTTERFLIES	
Lesson 1 – Introduction/Origins	Sat March 28 <sup>th</sup>	Wed March 18 <sup>th</sup>	
Lesson 2 – Active listening /Empathy	Sun April 26 <sup>th</sup>	Wed April 22 <sup>nd</sup>	
Lesson 3 – Transpersonal Therapist	Sat May 23 <sup>rd</sup>	Wed May 20 <sup>th</sup>	
Lesson 4 – Altered States	Sat June 27 <sup>th</sup>	Wed June 17 <sup>th</sup>	
Lesson 5 – Group work	Sat July 18 <sup>th</sup>	Wed July 22 <sup>nd</sup>	
Lesson 6 – Sacredness of endings	Sat August 22 <sup>nd</sup>	Wed August 12 <sup>th</sup>	

### Included in Your Advanced Diploma in Hypnotic Strategies

<b>Hypnotherapy</b> – All lessons for hypnotherapy listed above (unlimited attendance) <b>Advanced Trauma Hypnotherapy</b> – Optional Intensive trauma training on the 4 day intensive program <b>Transpersonal Psychotherapy:</b> All Psychotherapy lessons and a Certificated qualification <b>Materials:</b> Lifetime access to the learning portal and all materials	All listed classes above can be attended as many times as you wish but a minimum <b>1 Hypnotherapy (2 days)</b> and <b>1 Psychotherapy</b> are required
<b>Personal Therapy</b> - Please note: a minimum of Three (3) personal Hypnotherapy sessions are required to be undertaken within the Advanced Diploma Program <i>* The cost of personal therapy is not included in the cost of this course. Fees are capped at \$120 per session for students when using a therapist from the HTA recommended therapist list.</i>	To be arranged by the student with a therapist of their choice from the HTA recommended list