



All classes Start at 10.00 and finish 3.00pm (Melbourne Time)

Advanced Diploma Clinical Trauma Hypnotherapy – 2026 Class Dates

STUDENTS MUST COMPLETE CERTIFICATE COURSE BEFORE JOINING CLASSES

HTA attempts to fulfil all depicted dates, however dates and times may be subject to change at administrator's discretion

Unit - Hypnotic Strategies	DOLPHINS	BUTTERFLIES	EAGLES
Lesson 1 - Inductions	February 14 th & 15 th	February 4 th & 5 th	February 7 th & 8 th
Lesson 2 - 3 Canvases/Goals	March 14 th & 15 th	March 4 th & 5 th	March 7 th & 8 th
Lesson 3 - Grief /Sacred Bench	April 18 th & 19 th	April 8 th & 9 th	April 11 th & 12 th
Lesson 4 - Past Life/Regression	May 16 th & 17 th	May 6 th & 7 th	May 2 nd & 3 rd
Lesson 5 - Dream Interpretation	June 13 th & 14 th	June 10 th & 11 th	June 6 th & 7 th
Lesson 6 - Body Psych & Pain	July 11 th & 12 th	July 8 th & 9 th	July 4 th & 5 th
Lesson 7 – DeTrauma™	August 8 th & 9 th	August 5 th & 6 th	August 1 st & 2 nd
Lesson 8 - Medical Hypnosis	Sept 12 th & 13 th	Sept 2 nd & 3 rd	Sept 5 th & 6 th
Lesson 9 – Resource Therapy (foundation)	October 3 rd - 1 Day	October 1 st - 1 Day	October 3 rd - 1 Day
Intensive - Optional for all students	November 9 th 10 th 11 th 12 th		
Graduation for all completing students	December 11 th		

Unit - Psychology		Online Portal
Unit - NLP		Online Portal
Unit – Introduction to Counselling		Online Portal
Unit - Psychotherapy	EAGLES & DOLPHINS	BUTTERFLIES
Lesson 1 – Introduction/Origins	Sat March 28th	Wed March 18 th
Lesson 2 – Active listening /Empathy	Sun April 26 th	Wed April 22 nd
Lesson 3 – Transpersonal Therapist	Sat May 23rd	Wed May 20th
Lesson 4 – Altered States	Sat June 27 th	Wed June 17 th
Lesson 5 – Group work	Sat July 18 th	Wed July 22nd
Lesson 6 – Sacredness of endings	Sat August 22 nd	Wed August 12 th

Included in Your Advanced Diploma in Hypnotic Strategies

Hypnotherapy – All lessons for hypnotherapy listed above (unlimited attendance) Advanced Trauma Hypnotherapy – Optional Intensive trauma training on the 4 day intensive program Transpersonal Psychotherapy: All Psychotherapy lessons and a Certificated qualification Materials: Lifetime access to the learning portal and all materials	All listed classes above can be attended as many times as you wish but a minimum 1 Hypnotherapy (2 days) and 1 Psychotherapy are required
Personal Therapy - Please note: a minimum of Three (3) personal Hypnotherapy sessions are required to be undertaken within the Advanced Diploma Program <i>* The cost of personal therapy is not included in the cost of this course. Fees are capped at \$120 per session for students when using a therapist from the HTA recommended therapist list.</i>	To be arranged by the student with a therapist of their choice from the HTA recommended list